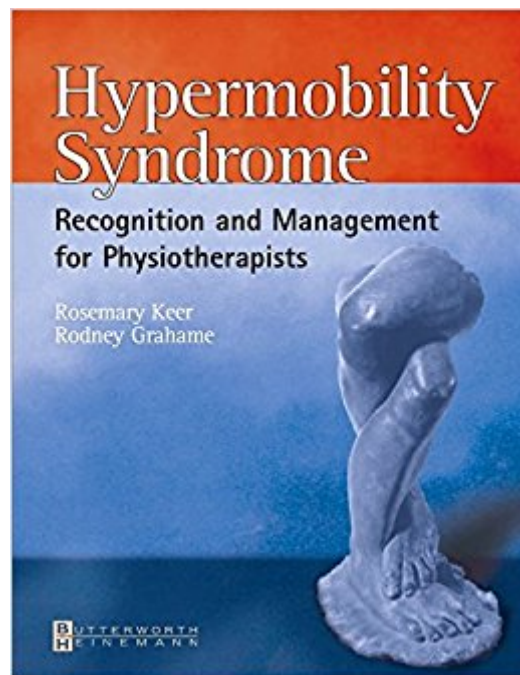




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# Hypermobility Syndrome: Diagnosis And Management For Physiotherapists, 1e



## Synopsis

Hypermobility syndrome (HMS) is an inherited connective tissue disorder affecting collagen that is characterized by a collection of features and symptoms. HMS is often encountered in patients, but it is easily overlooked. This practical resource educates readers to its presentation, what to look for, and how best to treat it. Following a brief description of the historical and genetic background of the condition, HMS is described in relation to other connective tissue disorders, such as Ehlers-Danlos syndrome and the Marfan syndrome. Since HMS may occur in childhood, adolescence, adulthood, pregnancy, or old age, each of these stages is covered in the book, with detailed information on the presentation of the condition and its management. Demonstrates how to identify the condition in the clinic. Discusses treatment and management strategies. Provides examples in the form of case studies. Includes details of a comprehensive assessment procedure, which differs depending on the stage of the disorder and the age of the patient. Features contributions by experts in a range of medical fields.

## Book Information

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## Customer Reviews

Rosemary Keer, MSc, MCSP, MACP, SRP, Central London Physiotherapy Clinic, London, UK; and Rodney Grahame, CBE, MD, FRCP, FACP, Centre for Rheumatology, University College Hospitals London, London, UK

This is an awesome informative educational book full of helpful management tips for both patient

and therapist. It was the first complete medical explanation and validation of my hyper-mobility syndrome. After years of no help from physicians who know little about this syndrome, to orthopedic doctors pretty much telling me there is nothing wrong since symptoms don't match up to common diseases and conditions, this book gave me a sense of relief because even though I knew I wasn't crazy, I could now explain to my doctors exactly what was wrong with me when previously I felt as though they thought it was all in my head.

If you live in anything less than a large metropolitan area you will need backup to educate your medical and therapy team about the "impossible" symptoms and pain of Hypermobility Syndrome or Ehlers Danlos Syndrome type III. Refer your family practitioner or primary physician, specialists, physical therapists, massage therapist, your family members and your children's teachers [genetic issues] and curious friends to this book. It is the clearest explanation in one place, with an index, of all the myriad issues that folks with our "condition" deal with every minute of every day. Buy your own copy and share it, or buy a separate one for your doctor. Each chapter closes with citations from peer-reviewed medical and therapy journals, an important element to gain respect with folks [including unfortunately physicians and medical specialists] who cannot believe that perfectly fine looking people have major, complicated physical issues. I have referred people to EDS and Hypermobility websites, but this book is more complete and somehow more accessible.

I got this to donate to a rehab hospital library. I asked a physical therapist to review it and tell me if it's helpful, and he said yes. Considering it's the only book on the subject that I know of, and very few know anything about it, then it's worth it for basic informatikon

Definitely a book more appropriate for medical professionals as opposed to those with no medical experience. Very good info - as an occupational therapist, I was able to understand and use all of this information. I appreciate all the work and research that went into this.

An excellent book even though it is expensive. Lots of wonderful information. A must have for anyone working with people with hypermobility or the patients themselves. I have used it to educate professionals with great success.

I was just diagnosed with this and found the book very valuable. I am working with a physical therapist and am able to share ideas from the book and utilize well for my own care.

Very helpful information. The photos are terrible, should have been corrected before going to print.

This book was very informative and helpful for this condition. After I finished reading it , I gave it to my physical therapist and she loved it!

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